



Toledo Area Athletic Conference

High School Track and Field Championships

Gibsonburg High School, Friday, May 17, 2013

740 South Main St., Gibsonburg, OH 43431
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Meet manager: Richard Morgan, phone: 419-601-1976
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Teams: Cardinal Stritch, Danbury, Gibsonburg, Maumee Valley Country Day, Northwood, Ottawa Hills, and Toledo Christian

Scratches: Please check the program. Make sure all your times and distances are shown correctly. If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. ALL changes must be made before the beginning of the meet. **Once the meet begins, only drops will be accepted, except for injury.**

Meeting: There will be a short coaches' meeting at 4:15 in the garage under near the pole vault pit.

Prelims: In the 100/110 M Hurdles, 100 M Dash, and 200 M Dash, the heats have been seeded as evenly as possible based on submitted times, keeping teammates in separate heats. The top 2 places from each heat, along with the next 4 times, will advance to the finals. Note that there will be **no prelims in the 110 Hurdles**, as there are only 8 entrants. In the 300 M Hurdles and 400 M Dash, athletes were placed into two heats, run from slower to faster, based on submitted times. However, anyone can score from either heat.

Field Events: There will be three attempts, then the top seven athletes will advance to the finals. Finals will consist of three more attempts. Please use your own implements. Make sure you have them weighed in the garage by the pole vault.

Relays: As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.

Zones: We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.

400 m relay zone 1: Gibsonburg, Danbury

400 m relay zone 2: Emmanuel Christian, Northwood

400 m relay zone 3: Ottawa Hills, Toledo Christian

800 m relay zone: MVCD, Gibsonburg

Heights: We will use the following starting heights: Girls HJ 4'4", Boys HJ 5'0", Girls PV 5', and Boys PV 6'

Scoring: We will score 6 places. (10, 8, 6, 4, 2, 1)

Awards: There will be a team trophy for champion. Individually, we will score 6 places. The top 3 placers will receive All-TAAC medals. There will also be an Athlete of the Year Plaque and a Coach of the Year Plaque awarded. Awards will be available in the press box after the meet.

Markings: Tape or chalk (provided) is acceptable to mark the high jump. Please use your own tennis balls to mark relay zones.

Results: All results will be posted on baumspace, sometime Friday night.